**Half-day Coffee Route in Lérida Farm**

This tour invites you to discover together with an expert the secrets of the Panamanian Coffee. Coffee and Lérida Farm’s history dates back to the year 1911 when Sir Toleff Mönniche, one of the Norwegian Engineers who worked in the construction and design of the Panama Canal, traveled to Chiriquí’s mountainous lands to search a fresh and revitalizing place to rest and gain strength after four malaria attacks. After several days of expedition by boat and some hours traveling on horseback, he arrived to Lérida Farm, surrounded by beautiful hills near the mountainsides of Barú Volcano and the high cliffs of the Central Mountain Range. In 1924, retired and accompanied by his wife, he decided to move to the farm and build both his house and the first coffee-producing farm. A little while later, in 1929, he began to export Panamanian coffee to Germany and he made of this place a mandatory tourist reference point. The route stars with a walk by the coffee plantations where their microclimate and variety are essential in order to reach excellence levels. Afterwards, you will visit the areas where the pulp is removed from coffee cherries; they are dried out and roasted. At the end of the tour, you will taste a good cup of coffee within which its scent, aroma and character are merged while creating a perfect balance of sweet and bitter tastes and blending.

DURATION: approximately 2 hours.

TIME: 9:30 a.m. and 1:30 p.m., subject to confirmation.

GUIDE: Spanish/English speaker guide.

IT INCLUDES: shuttle service from/to the hotel, tours and coffee tasting.

RECOMMENDED OUTFIT: comfortable clothes and shoes, sunscreen, hat, sunglasses and repellent.